

## ŞAHAN MENU

(2 COURSES)

Please select a dish from each section

### ✓ KIRMIZI MERCİMEK ÇORBASI

Red Lentil Soup

### ✓ HUMUS

Pureed chickpeas with tahini, garlic and lemon

### ✓ MAYDANOZ SALATASI

Tabbouleh: salad of chopped parsley, tomatoes, onions, cracked wheat, olive oil and lemon juice

### ✓ İSPANAKLI YOĞURT

Fresh spinach mixed with yoghurt

### ✓ BEYAZ PEYNİRLİ SALATA

Salad with feta cheese

### ✓ PATATESLİ İSPANAK

Spinach with potatoes

### ✓ SEBZELİ MAKARNA

Pasta with mixed vegetables

### PATATESLİ KÖFTE

Kofta with tomatoes, potatoes and couscous

### KÖFTE with couscous

### CHICKEN SHISH

Chicken Shish with couscous

### CHICKEN GÜVECH

Chicken casserole with couscous

\*

**Menu at £13.95 per person**

Menu served with homemade bread

## RENK MENU

MEZE ASSORTMENT OF THE FOLLOWING

### ✓ MAYDANOZ SALATASI

### ✓ HUMUS KAVURMA

### ✓ ZEYTİNYAĞLI BAKLA

### ✓ KISIR

### ✓ İSPANAKLI YOĞURT

### ✓ ZEYTİNYAĞLI PATLICAN

### MİDYE TAVA

### ✓ BÖREK

### ✓ FALAFEL

### KALAMAR

\*

The above hot and cold mezes are served with homemade bread

\*

**Menu at £14.95 per person**

(Minimum of 2 people)

Vegetarian options are available with Humus, Dolma and Mantar as replacements



**TAS** AUTHENTIC ANATOLIAN TURKISH CUISINE

### TAS FETTERLANE

21 Fetterlane, London EC4A 3BF  
Tel: 020 7353 4432

### TAS BLOOMSBURY

22 Bloomsbury St, London WC1B 3QJ  
Tel: 020 7637 4555 / 020 7637 1333

### TAS THE CUT

33 The Cut, Waterloo, London SE1 8LF  
Tel: 020 7928 1444 / 020 7928 2111

### TAS BOROUGH HIGH ST.

72 Borough High St, London SE1 1XF  
Tel: 020 7403 7200

### TAS PIDE

20-22 New Globe Walk, London SE1 9DR  
Tel: 020 7928 3300 / 020 7633 9777

### TAS CAFE

76 Borough High St, London SE1 1XF  
Tel: 020 7403 8557 / 020 7403 8559

### EV

### RESTAURANT - BAR - DELICATESSEN

98 Isabella Street, London SE1 8DD  
Tel: 020 7620 6191 / 020 7620 6192

### HAZEV

### RESTAURANT - BAR - DELICATESSEN

Discovery Dock West, 2 South Quay Square  
Canary Wharf, London E14 9RT  
Tel: 020 7515 9467 / 020 7515 9468

**TAS** AUTHENTIC ANATOLIAN TURKISH CUISINE



Dear Guest,

Tas is our traditional Anatolian cooking pot, used to prepare casseroles.

The finished dish is then brought to your table.

All our dishes are prepared daily, using only the freshest of ingredients, many of which are organic, and only the purest of extra virgin olive oil makes the grade.

Should you have any special dietary requirements, please do not hesitate to inform our staff.

Afiyet Olsun.

Onder SAHAN

## ✓ YAZ MENU

MEZE ASSORTMENT OF THE FOLLOWING

### HUMUS

### MAYDANOZ SALATASI

### İSPANAKLI YOĞURT

### ZEYTİNYAĞLI BAKLA

### ZEYTİNYAĞLI PATLICAN

### BÖREK

### ✓ KISIR

### FALAFEL

\*

The above hot and cold mezes are served with homemade bread

\*

**Menu at £12.95 per person**

(Minimum of 2 people)

## ASLAN MENU

(3 COURSES)

SELECTION OF MEZES TO SHARE

### ✓ HUMUS KAVURMA

### SUCUK

### ✓ DOLMA

### ✓ CACIK

### ✓ ZEYTİN YAĞLI PATLICAN

### ✓ BOREK

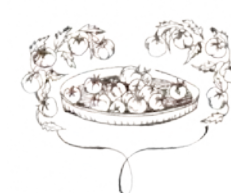
## CHOICE OF ANY MAIN COURSE

MIXED DESSERT (Baklava & Apricot)  
&  
TEA OR COFFEE

The above menu is served with homemade bread

**Menu at £27.75 per person**  
(Minimum of 2 people - Maximum of 6 people)

For Mezes vegetarian options are available with Humus and Mantar as replacements



/tasrestaurants



/tasrestaurantuk



/tasrestaurantuk

www.tasrestaurants.co.uk

## SOUPS

**V KIRMIZI MERCİMEK ÇORBASI**  
Red lentil soup

£5.75

**TAVUK ÇORBASI**  
Chicken and coriander soup

£6.45

## COLD MEZE

**V HUMUS**  
Pureed chickpeas with tahini, garlic, lemon and olive oil

£5.75

**V İSPANAKLI YOĞURT**  
Fresh spinach mixed with yoghurt (with or without garlic)

£5.75

**TARAMA SALATA**  
Homemade fish pate

£5.95

**V YOGURTLU KOZLENMİS BIBER**  
Smoked pepper, garlic, parsley, mint, olive oil and yoghurt

£5.95

**V ZEYTİNYAĞLI PATLICAN**  
Aubergine cooked in olive oil with tomatoes, garlic, pepper & chickpeas

£5.95

**V KISIR**  
**N** Bulgur wheat mixed with crushed walnuts and hazelnuts, spring onions and tomato sauce, seasoned with fresh mint, dill and herbs

£5.95

**V ENGİNAR**  
Artichoke hearts cooked in olive oil with carrots, potatoes, tomatoes and garlic

£6.75

## HOT MEZE

**KANAT**  
Marinated chicken wings served with salad

£5.85

**SOMON TAVA**  
Deep fried salmon cubes on skewers, served with rose sour sauce

£5.95

**V MANTAR**  
Mushrooms sautéed with garlic, onions, and tomatoes, topped with kashar cheese

£5.95

**V SEBZELİ KÖFTE (FALAFEL)**  
Ground chickpeas and broad beans tossed in spices, deep fried and served with humus

£6.25

**KALAMAR**  
Marinated squid, lightly battered and fried, served with rose sour sauce

£6.45

**SUCUK IZGARA**  
Grilled garlic sausages, served with salad

£6.45

**CIĞER TAVA**  
Pan fried lamb's liver topped with red onions, parsley and sumac

£6.45

**V PATLICAN-BİBER KIZARTMA**  
Fried aubergines and peppers, served with fresh tomato sauce and yoghurt

£6.45

**V MÜCVER**  
Patties of grated courgettes, goat's cheese, onions, carrots, dill and parsley, deep fried and served with garlic sauce

£6.45

**DOMATES SOSLU KÖFTE**  
Lamb meatballs cooked with leeks, peppers and fresh tomatoes

£6.85

**V SEBZE ÇORBASI**  
Seasonal vegetable soup

£5.75

**DENİZ ASI**  
Mixed seafood, coriander and ginger soup

£6.45

**V CACIK**  
yoghurt, cucumber and fresh mint dip (with or without garlic)

£5.75

**V MAYDANOZ SALATASI**  
Salad of chopped parsley, tomatoes onions, cracked wheat, olive oil and lemon juice

£5.75

**V BADEMLİ PEYNİR EZMESİ**  
**N** Goat's cheese spread with almonds, coriander, parsley, tomato paste, olive oil, garlic and crushed chillies

£5.95

**V ZEYTİNYAĞLI DOLMA**  
**N** Homemade stuffed vine leaves with rice and walnuts

£5.95

**V PATLICAN SALATASI**  
Grilled aubergine puree with tahini, olive oil, yoghurt and garlic

£5.95

**V ZEYTİNYAĞLI BAKLA**  
Fresh broad beans cooked in olive oil with red & green peppers, coriander, dill and garlic, served with yoghurt

£5.95

**ZEYTİNLİ AHTAPOT SALATASI**  
Marinated octopus with red onions, olives and coriander

£6.75

**MİDYE TAVA**  
Skewers of fried mussels, served with garlic sauce

£5.85

**KARİDES TAVA**  
Deep fried king prawns on skewers with garlic sauce

£5.95

**V BÖREK**  
Filo pastry filled with feta cheese and spinach

£5.95

**N HUMUS KAVURMA**  
Humus topped with sautéed lamb, walnuts and paprika

£6.25

**KARİDES**  
Prawns cooked with double cream, fresh tomatoes, garlic and coriander

£6.45

**V HELLİM**  
Grilled Cypriot cheese, served with salad

£6.45

**PAÇANGA**  
Filo pastry filled with mushrooms, kashar cheese and oak smoked beef

£6.45

**N İÇLİ KÖFTE**  
Minced lamb, fresh mint, dill, walnuts and parsley, covered with cracked wheat and served with salad

£6.45

**V PATATES KÖFTESİ**  
Fried pureed potato patties, seasoned with coriander, onion, sumac and dill, served with tomato sauce

£6.45

**PASTIRMALI YUMURTA**  
Fried egg with oak smoked beef and tomatoes

£6.85

## SALADS

**V YEŞİL SALATA**  
Green salad of lettuce, cucumber, green pepper, celery and carrot, seasoned with fresh mint and dill

£4.75

**V COBAN SALATASI**  
Mixed salad of lettuce, tomatoes, cucumbers, red and green peppers and celery, seasoned with herbs

£5.25

**V EZME SALATA**  
Finely chopped tomatoes, onions, peppers and parsley, flavoured with herbs and spices

£5.55

**V PORTAKALLI İSPANAKLI**  
A salad of fresh spinach leaves and citrus orange, topped with sesame seeds

£5.85

**V CEVİZLİ DOMATES SALATASI**  
**N** A salad of crushed walnuts, tomatoes, red & green peppers, cucumbers and parsley, dressed with pomegranate sauce

£6.55

## PILAV (RICE)

**V SADE**  
Plain basmati rice

£2.95

**V DUTLU**  
Plain rice mixed with mulberries

£3.15

**V MANTARLI**  
Plain rice mixed with mushrooms

£3.15

**V PIRASALI BAKLALI**  
Plain rice mixed with leeks & fresh broad beans

£3.15

**TAVUKLU**  
Plain rice mixed with torn chicken strips

£3.15

**V BULGUR**  
Course bulgur wheat mixed with tomatoes, onions and green peppers

£3.15

**N BADEMLİ**  
**V** Plain rice mixed with almonds

£3.75

## V SIDES

**BROCCOLI**  
**FRENCH FRIES**  
**SPINACH**

£3.15

£3.15

£4.15

**V SEBZELİ**  
Pasta with mixed vegetables

£9.95

**SOMONLU**  
Pasta with salmon, fresh tomatoes and spring onions

£10.25

**KARİDESLİ**  
Pasta with prawns and fresh tomatoes

£10.45

## VEGETARIAN DISHES

**İSPANAKLI PATATES**  
Potatoes cooked with spinach, tomatoes and onions in soya sauce, served with yoghurt

£9.85

**BAMYA**  
Okra, potatoes, tomatoes and onions cooked in herbs, served with couscous and yoghurt

£10.45

**MANTAR**  
Mushrooms cooked with tomatoes, onions and red and green peppers, topped with kashar cheese

£10.45

**PATLICANLI**  
Smoked aubergine cooked with tomatoes and peppers, served with couscous and yoghurt

£10.75

**KABAK**  
Sautéed courgettes, potatoes, tomatoes, onions, chickpeas and garlic, served with couscous and yoghurt

£10.75

**BAKLALI ENGİNAR**  
Artichoke hearts, new potatoes and broad beans cooked in olive oil, fresh tomatoes and garlic

£10.95

**MERCİMEK KAVURMASI**  
Green lentil, onion, leek, fresh tomatoes and carrot sautéed with herbs and garlic with olive oil

£10.95

**HELLİMLİ İSPANAK**  
Spinach sautéed with chickpeas tomatoes and hellim cheese,

£10.95

**V PATATES SALATASI**  
Potato salad with red onions, tomatoes and cucumber

£4.75

**V ZEYTİNLİ HAVUÇ SALATASI**  
Mixed salad of carrots, lettuce, chopped olives, dressed with extra virgin olive oil and vinegar

£5.25

**V BEYAZ PEYNİRLİ SALATA**  
Mixed salad topped with feta cheese

£5.55

**V FINDIKLI NAREKŞİLİ**  
**N** Mixed salad tossed with hazelnuts and dressed with pomegranate sauce

£5.85

**TAVUK SALATASI**  
Mixed salad topped with slices of roast chicken and sesame seeds

£6.55

**V COUSCOUS**  
Fine bulgur wheat mixed with tomatoes, onions and red peppers

£2.95

**V NOHUTLU**  
Plain rice mixed with chickpeas

£3.15

**V KABAKLI**  
Plain rice mixed with courgettes

£3.15

**V KAYISILI**  
Plain rice mixed with apricots

£3.15

**V YEŞİL MERCİMEKLİ**  
Plain rice mixed with green lentil and dried mints

£3.15

**V ÜZÜMLÜ**  
Plain rice mixed with sultanas

£3.15

**N ETLİ**  
Plain rice mixed with diced lamb and walnuts

£3.75

**BOILED NEW POTATOES**  
**SÜZME (STRAINED YOGHURT)**  
**SEASONAL VEGETABLES**

£3.15

£3.15

£4.15

**V BEYAZ PEYNİRLİ**  
Pasta with feta cheese

£9.95

**V MANTAR VE KREMALİ**  
Pasta with mushroom & double cream

£10.25

**N ETLİ OR TAVUKLU**  
Pasta with choice of diced lamb and walnuts or chicken with paprika

£10.45

**ÜZÜMLÜ BROKOLİ**  
Broccoli cooked with grapes, spring onions, sundried tomatoes and basil, topped with kashar cheese

£9.85

**PATATESLİ PATLICAN**  
Aubergine cooked with potatoes, fresh red and green pepper cooked in fresh tomato sauce and garlic, served with yoghurt

£10.45

**PIRASALI**  
Leeks cooked with chickpeas, peppers red onions and green lentils in a pomegranate sauce, served with couscous and yoghurt

£10.45

**PATLICAN DOLMASI**  
Sun-dried aubergines, stuffed with couscous and served with yoghurt

£10.75

**N ELMA DOLMASI**  
Apples stuffed with rice, almonds, cinnamon and dill, garnished with double cream

£10.75

**HELLİMLİ BROKOLİ**  
Broccoli sautéed with grilled hellim cheese, mushrooms, leeks and onions

£10.95

**VEGETARIAN MOUSAKKA**  
Layers of aubergines, potatoes, courgettes, mushrooms, onions and tomatoes, topped with cheese sauce

£10.95

**TÜRLÜ**  
Mixed vegetable stew of potatoes, aubergines, courgettes, peppers, carrots and tomatoes, served with couscous and yoghurt

£10.95

## GRILLS

*Charcoal grilled and served with couscous*

**CIĞER IZGARA**  
Lamb's liver seasoned with sumac and cumin, topped with red onions served with ezme salad

£10.55

**KANAT IZGARA**  
Marinated chicken wings served with mixed salad

£11.75

**TAVUK ŞİŞ**  
Skewers of marinated chicken cubes

£13.65

**KUZU ŞİŞ**  
Skewers of marinated lamb cubes

£13.85

**ALTI EZMELİ KEBAP**  
Minced lamb kofte, served with a choice of aubergine puree or fresh tomato sauce

£13.95

**KARIŞIK IZGARA**  
A mixed grill of chicken cubes, lamb cubes and kofte

£15.15

**İSKENDER**  
Our mixed grill, served on cubes of bread and covered with yoghurt and tomato sauce (served without couscous)

£15.75

## CASSEROLES & OVEN COOKED DISHES

**N BADEMLİ TAVUK**  
Chicken casserole with almonds, green peppers and tomatoes

£12.85

**ÇOBAN KAVURMA**  
Diced lamb, tomatoes, onions, mushrooms and peppers cooked in herbs

£12.85

**KAĞIT KEBAP**  
Lamb or chicken, cooked in foil, with mushrooms, onions, tomatoes and peppers

£12.85

**KUZU TANDIR**  
Finely shredded oven cooked lamb, sprinkled with herbs

£13.75

**HÜNKAR BEĞENDİ**  
Grilled aubergine puree mixed with kashar cheese and topped with tender chunks of lamb

£15.45

**TAS SPECIAL**  
Lamb cooked with potatoes, onions, peppers and tomatoes, seasoned with oregano

£15.65

**BÖBREK IZGARA**  
Lamb kidney seasoned with oregano and cumin, topped with red onions served with ezme salad

£10.55

**KÖFTE**  
Minced lamb, onion and green pepper patties, seasoned with parsley and herbs

£11.75

**TAVUK KÖFTE**  
Skewers of minced chicken marinated in garlic and herbs

£13.65

**PIRASALI KÖFTE**  
Minced lamb kofte, served on a bed of pan fried leeks

£13.85

**TAVUK İSKENDER**  
Minced chicken kofte, served on cubes of bread and covered with yoghurt and tomato sauce (served without couscous)

£13.95

**KÜLBASTI**  
Lamb fillet sprinkled with oregano

£15.15

**MANTAR SOSLU BİFTEK**  
Mushroom and pepper sauce steak, served with french fries

£15.75

**TAVUK GÜVEÇ**  
Chicken casserole with mushrooms, onions, tomatoes, ginger and coriander

£12.85

**EKŞİLİ KÖFTE**  
Minced lamb and fine bulgur wheat patties, cooked with chickpeas, baby potatoes, carrots and dried red basil

£12.85

**TAVUKLU İSPANAK**  
Chicken cooked with spinach, onions, green peppers and tomatoes

£12.85

**MUSAKKA**  
Layers of minced lamb, aubergine and potatoes topped with cheese sauce

£